

## Addressing Reality (or Wisdom Applied)

*"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."* Ephesians 4:29

*"...let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness that God requires."* James 1:19-20

Freedom in Marriage – In Christ, we gain **freedom from** (the negative) the bondage of sin and **freedom for** (the positive) the giving of self to God and others (our spouse being the first among others). That equates to freedom from tyranny and freedom under [God's] authority.

...in Christ, we go from "lying to speaking truth" from "unwholesome to wholesome"

How does our freedom in Christ manifest itself in our communication?

Listening

Speaking